What you need to do

The IRS requires that you begin taking money annually from your individual retirement accounts (IRAs) when you reach 70½*.

For your 403(b) accounts, you must generally begin taking money annually when you reach 70½ or, if later, the year in which you retire.

Why do I have to take a withdrawal?

The required minimum distribution (RMD) is designed by the IRS to ensure you withdraw a portion of the funds in your account over your lifetime. Federal and state income taxes will be withheld from your distribution when applicable.

* Roth IRAs aren’t subject to RMDs during your lifetime.
How much money do I have to take out?
The amount of your RMD is calculated each year according to IRS guidelines. To have us calculate the RMD for your American Funds accounts, complete the RMD request form. To do your own calculation, visit irs.gov and search for RMD.

You need to calculate RMDs separately for each traditional, SEP and SIMPLE IRA you own. However, you can withdraw the total amount from one or more of the IRAs. Similarly, if you have a 403(b), you’ll calculate the RMD for that account separately, but can take the amount from your American Funds 403(b) or any other 403(b) accounts you may have elsewhere.

Exceptions to the RMD
• You can delay your first RMD until April 1 of the year after you turn 70½, but if you wait you’ll need to take two distributions in the same year.
• If you have a 403(b) and you still work for the employer that sponsors the plan, you can generally wait until you actually retire before having to begin distributions.

Taking your withdrawal
You have several options when taking your RMD withdrawal:
• Set up an automatic plan
  We’ll automatically calculate the RMD for your American Funds accounts each year. You can choose to reinvest the money in a nonretirement account or receive the distribution amount via electronic deposit.
• Take a one-time distribution
  You calculate your RMD. You can choose to reinvest the money in a nonretirement account or receive the distribution amount via a check or electronic deposit.

Ready to get started?
Complete the Required Minimum Distribution (RMD) Request form or sell shares online at americanfunds.com. To get answers to frequently asked questions or to download a copy of the form, go to americanfunds.com/rmd or call (800) 421-4225.

Contact your tax advisor or financial professional for help calculating RMDs on all of your tax-deferred retirement accounts.