



Building a sustainable retirement income plan

Making retirement savings last is the most important goal for many investors. Careful planning and investment selection can help make this goal a reality.

The dividends and growth potential of these American Funds, offered by Capital Group, can help retirees keep pace with rising expenses.

Figures shown are past results for Class F-2 shares and are not predictive of results in future periods. Current and future results may be lower or higher than those shown. Prices and returns will vary, so investors may lose money. Investing for short periods makes losses more likely. For current information and month-end results, visit capitalgroup.com.

The value of equities

The first step is to resist the temptation to invest retirement savings too conservatively, such as moving too much into short-term investments like U.S. Treasury bills. While these short-term instruments may make sense as part of a comprehensive retirement income program, their low yields and total returns typically won't cover a retiree's long-term income needs.

The tables below and on the other side show how growth-and-income, equity-income and balanced American Funds with at least a 20-year lifetime fared over rolling monthly 20- and 10-year periods for the lifetime of each fund, assuming regular withdrawals.

- All eight funds would have had money after every 10- and 20-year period.
- Seven of the eight funds would have had more than the initial investment after 20 years of withdrawals.
- By comparison, the initial investment in U.S. Treasury bills would have remained intact in only 40% of the 20-year periods and 42% of the 10-year periods.*

Keep in mind that the objectives, costs, expenses and relative risks of these investments differ significantly. For example, unlike mutual fund shares, investments in U.S. Treasuries are guaranteed by the U.S. government as to the payment of principal and interest.

Eight American Funds that each would have withstood 20 years of monthly withdrawals totaling \$537,407

Results for each fund are for rolling monthly 20-year periods through 12/31/22 and assume a hypothetical \$500,000 initial investment with annual withdrawals of \$20,000 (taken monthly), increasing by 3% each year.

Periods in lifetime	Growth-and-income funds					Equity-income funds		Balanced fund
	American Mutual Fund® 635	Capital World Growth and Income Fund® 118	Fundamental Investors® 294	The Investment Company of America® 829	Washington Mutual Investors Fund 606	Capital Income Builder® 186	The Income Fund of America® 350	American Balanced Fund® 330
Percent of time the 20-year ending value was ...								
>\$0	100%	100%	100%	100%	100%	100%	100%	100%
>\$500,000	100%	100%	100%	99.9%	100%	100%	100%	100%
Ending values for the best, worst and median 20-year periods								
Best	\$8,699,008 2/78-2/98	\$2,915,789 6/94-6/14	\$10,938,424 3/80-3/00	\$9,909,387 3/80-3/00	\$11,041,941 3/78-3/98	\$3,655,239 11/87-11/07	\$5,777,522 3/80-3/00	\$5,153,278 3/82-3/02
Worst	\$685,569 5/99-5/19	\$789,503 3/00-3/20	\$560,763 3/00-3/20	\$449,269 3/00-3/20	\$560,575 6/99-6/19	\$763,787 12/98-12/18	\$796,445 12/98-12/18	\$875,882 5/99-5/19
Median	\$2,399,257 10/63-10/83	\$1,742,192 02/97-02/17	\$2,490,590 5/91-5/11	\$3,121,792 3/34-3/54	\$2,404,141 11/62-11/82	\$1,650,021 10/93-10/13	\$2,271,076 8/88-8/08	\$1,956,238 11/90-11/10

Results are calculated by Capital Group. All rolling monthly periods are as of the month-end. The share class and withdrawal rate used in this investment scenario are for illustrative purposes only.

*U.S. 30-day Treasury bills representing 743 rolling monthly 20-year periods and 863 rolling monthly 10-year periods.

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Many investors are concerned about how their retirement savings will fare during future declines, particularly if they are taking withdrawals. Although the past is no guarantee of future results, the table below shows that even during the worst 10-year periods, all of the funds still had money after taking withdrawals totaling \$229,278.

Eight American Funds that would have withstood 10 years of monthly withdrawals totaling \$229,278

Results for each fund are for rolling monthly 10-year periods through 12/31/22 and assume a hypothetical \$500,000 initial investment with annual withdrawals of \$20,000 (taken monthly), increasing by 3% each year.

Periods in lifetime ►	Growth-and-income funds					Equity-income funds		Balanced fund
	American Mutual Fund 755	Capital World Growth and Income Fund 238	Fundamental Investors 414	The Investment Company of America 949	Washington Mutual Investors Fund 726	Capital Income Builder 306	The Income Fund of America 470	American Balanced Fund 450
Percent of time the 10-year ending value was ...								
>\$0	100%	100%	100%	100%	100%	100%	100%	100%
>\$500,000	97.0%	93.7%	93.5%	94.5%	93.8%	93.1%	97.9%	98.7%
Ending values for the best, worst and median 10-year periods								
Best	\$2,543,141 9/74-9/84	\$1,516,657 2/95-2/05	\$2,461,871 10/90-10/00	\$2,470,291 8/77-8/87	\$2,605,540 3/80-3/90	\$1,547,292 3/88-3/98	\$2,019,772 3/80-3/90	\$1,881,430 7/82-7/92
Worst	\$347,869 2/99-2/09	\$405,069 10/07-10/17	\$358,295 8/00-8/10	\$322,154 2/99-2/09	\$294,687 4/99-4/09	\$400,393 10/07-10/17	\$447,224 4/99-4/09	\$457,304 2/99-2/09
Median	\$1,085,692 6/11-6/21	\$847,270 4/12-4/22	\$1,229,010 7/12-7/22	\$1,195,889 7/73-7/83	\$1,159,695 7/93-7/03	\$756,960 7/98-7/08	\$1,066,279 4/95-4/05	\$1,061,810 8/11-8/21

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Results as of December 31, 2022

Class F-2 shares	Inception date	Total returns (%)	Average annual total returns (%)				Expense ratio (%)
		1 year	5 years	10 years	Lifetime		
Growth-and-income funds							
American Mutual Fund	2/21/50	-4.30	8.53	11.06	11.62	0.38	
Capital World Growth and Income Fund	3/26/93	-17.11	4.50	7.84	9.92	0.52	
Fundamental Investors	8/1/78	-16.49	7.16	11.37	12.18	0.38	
The Investment Company of America	1/1/34	-15.34	7.29	11.16	12.08	0.37	
Washington Mutual Investors Fund	7/31/52	-8.28	9.30	12.13	11.93	0.37	
Equity-income funds							
Capital Income Builder	7/30/87	-6.92	4.00	5.96	8.73	0.36	
The Income Fund of America	12/1/73	-6.22	5.61	7.69	10.67	0.36	
Balanced fund							
American Balanced Fund	7/26/75	-11.91	5.74	8.48	10.42	0.35	

Investment results assume all distributions are reinvested and reflect applicable fees and expenses. The expense ratios are as of each fund's prospectus available at the time of publication. When applicable, results reflect fee waivers and/or expense reimbursements, without which they would have been lower. Refer to capitalgroup.com for more information. Class F-2 shares were first offered on August 1, 2008. Class F-2 share results prior to the date of first sale are hypothetical based on the results of the original share class of the fund without a sales charge, adjusted for typical estimated expenses. Refer to capitalgroup.com for more information on specific expense adjustments and the actual dates of first sale.

Past results are not predictive of results in future periods. Investing outside the United States involves risks, such as currency fluctuations, periods of illiquidity and price volatility, as more fully described in the prospectus. These risks may be heightened in connection with investments in developing countries. Lower rated bonds are subject to greater fluctuations in value and risk of loss of income and principal than higher rated bonds. The return of principal for bond funds and for funds with significant underlying bond holdings is not guaranteed. Fund shares are subject to the same interest rate, inflation and credit risks associated with the underlying bond holdings.

This content, developed by Capital Group, home of American Funds, should not be used as a primary basis for investment decisions and is not intended to serve as impartial investment or fiduciary advice.

Investors should carefully consider investment objectives, risks, charges and expenses. This and other important information is contained in the fund prospectuses and summary prospectuses, which can be obtained from a financial professional and should be read carefully before investing. If used after March 31, 2023, this single sheet must be accompanied by a current American Funds quarterly statistical update.

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